

CHRONIC ILLNESS SUPPORT GROUP

COUNSELINGWORKS
ADOLESCENT · ADULT · COUPLES

A support group for people who live with chronic illness.

GROUP FOCUS:

- Emotional issues - isolation, depression, anxiety, anger, pity
- Intimacy issues
- Facing the invisible syndrome - "but you look great"
- Changing of roles - Suddenly going from the caretaker to the patient
- Issues of uncertainty of not knowing how your disease will progress
- Adjusting to a new normal - Not the life you had planned

GROUP DETAILS:

FOR : Folks living with chronic illness, such as cancer, diabetes, lupus, kidney disease, fibromyalgia, and arthritis

DAYS & TIMES : Monday 12:30 - 2:00 PM

GROUP SIZE : 4-8

LOCATION : 1979 N. Mill Street, Suite 202, Naperville, IL 60540

COST: \$300.00 for 6 weeks (due at time of registration)

ABOUT YOUR FACILITATOR:

Joan Wells, LCSW is a senior therapist at Counseling Works with a special interest supporting people where they are at.

TO REGISTER:

please contact Joanne at intake@counselingworks.co or call 630.281.2496
Payment is due upon registration.